

GATES COUNTY SCHOOL NUTRITION MENU

JUNE 2023

FRESH FRUIT SERVED DAILY

Gates County Public Schools School Nutrition Menu



Have a Safe and
Enjoyable Summer

**Peanut Butter and Jelly Sandwiches
available upon request**

Meal Pattern Daily Offerings

Food Comp	Breakfast	Lunch
Milk	8oz	8oz
Vegetable/ Fruit	$\frac{1}{2} + \frac{1}{2} = 1\text{Cup}$	$\frac{1}{2} + \frac{1}{2} = 1\text{Cup}$
Grains	1grain	1grain
Meat/ Meat Alternate	1oz	2oz



Monday

Tuesday

Wednesday

Thursday

Friday

5. Breakfast

Sausage Biscuit
Fruit Juice/Pineapple
Tidbits
Cold Milk

Lunch

Pizza Cheese French
Bread
Sweet Potato Puffs
Green Beans
Diced Pears
Cold Milk

6. Breakfast

Super Donut
Fruit Sorbet/Sliced Orange
Wedges
Cold Milk

Lunch

Spaghetti w/ Meat Sauce
Whole Wheat Roll
Whole Kernel Corn
Steamed Broccoli
Fruit Salad
Cold Milk

7. Breakfast

Chicken Biscuit
Fruit Juice/Applesauce
Cold Milk

Lunch

Corndog Nuggets
Mixed Vegetables
Sweet Potato Fries
Sliced Peaches
Cold Milk

1 Breakfast

Chicken Biscuit
Fruit Juice/Sliced
Orange Wedges
Diced Peaches
Cold Milk
Lunch
Pepperoni Pizza
(Managers Choice
Middle & High School)
Sweet Potato Fries
Steamed Broccoli
Diced Pears
Cold Milk

8. Breakfast

Super Donut
Fruit Sorbet/Pineapple
Tidbits
Cold Milk

Lunch

Cheeseburger on Bun
French Fries
Baked Beans
Sliced Pears
Cold Milk

2 Breakfast

Super Donut
Fruit Sorbet/Pineapple Tidbits
Cold Milk

Lunch

Creamy Chicken Alfredo
Sliced Carrots
Kidney Beans
Fruit Salad
Cold Milk

9. Breakfast

Dutch Waffle
Fruit Juice/Applesauce
Cold Milk

Lunch

Hot Ham & Cheese Sandwich
Sliced Carrots
Green Peas
Delicious Apple
Cold Milk