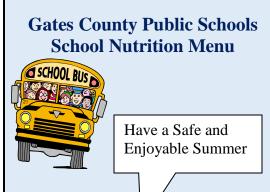
GATES COUNTY SCHOOL NUTRITION MENU JUNE 2023 FRESH FRUIT SERVED DAILY



Peanut Butter and Jelly Sandwiches available upon request

Meal Pattern Daily Offerings

Wear I attern Daily Offerings						
Food Comp	Breakfast	Lunch				
Milk	8oz	8oz				
Vegetable/ Fruit	$\frac{1}{2} + \frac{1}{2} = 1$ Cup	$\frac{1}{2} + \frac{1}{2} = 1$ Cup				
Grains	1grain	1grain				
Meat/ Meat Alternate	1oz	2oz				



	Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast Chicken Biscuit Fruit Juice/Sliced Orange Wedges Diced Peaches	2 Breakfast Super Donut Fruit Sorbet/Pineapple Tidbits Cold Milk
				Cold Milk Lunch Pepperoni Pizza (Managers Choice Middle & High School) Sweet Potato Fries Steamed Broccoli Diced Pears Cold Milk	Lunch Creamy Chicken Alfredo Sliced Carrots Kidney Beans Fruit Salad Cold Milk
	5. Breakfast Sausage Biscuit Fruit Juice/Pineapple Tidbits Cold Milk	6. Breakfast Super Donut Fruit Sorbet/Sliced Orange Wedges Cold Milk	7. Breakfast Chicken Biscuit Fruit Juice/Applesauce Cold Milk	8. Breakfast Super Donut Fruit Sorbet/Pineapple Tidbits Cold Milk	9. Breakfast Dutch Waffle Fruit Juice/Applesauce Cold Milk
	Lunch Pizza Cheese French Bread Sweet Potato Puffs Green Beans Diced Pears	Lunch Spaghetti w/ Meat Sauce Whole Wheat Roll Whole Kernel Corn Steamed Broccoli Fruit Salad	Lunch Corndog Nuggets Mixed Vegetables Sweet Potato Fries Sliced Peaches Cold Milk	Lunch Cheeseburger on Bun French Fries Baked Beans Sliced Pears Cold Milk	Lunch Hot Ham & Cheese Sandwich Sliced Carrots Green Peas Delicious Apple Cold Milk
9	Cold Milk	Cold Milk	COID WITH	COID WIIK	COID MILK